



## Intent, Implementation and Impact in Physical Education at Rothersthorpe CE Primary School

Everyone is valued as an individual – Love your neighbour as yourself (Mark 12:31)

<u>Intent</u>	<u>Implementation</u>	<u>Impact</u>
<p>Rothersthorpe Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health.</p> <p>We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills.</p> <p>We want to teach children skills to keep them safe such as being able to swim.</p> <p>We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values.</p> <p>Our curriculum aims to improve the wellbeing and fitness of all children at Rothersthorpe, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.</p>	<p>PE at Rothersthorpe Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net &amp; wall games, strike and field games, gymnastics, dance, swimming and outdoor &amp; adventure.</p> <p>The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.</p> <p>Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities. Children can attend before and after school sport clubs three evenings and mornings per week.</p> <p>Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.</p>	<p>We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun.</p> <p>From our lessons, our children learn to take responsibility for their own health and fitness, and understand the importance of regular exercise.</p> <p>We equip our children with the necessary skills and a love for sport and are given opportunities to demonstrate improvement to achieve their personal best, many of whom also enjoy the success of competitive sports.</p> <p>Our pupils are physically active, and this has a positive impact on their learning in the classroom.</p> <p>We share sporting achievements both in and out of school in Celebration Assembly, so that we are promoting sports and activities, as well as celebrating all levels of success.</p> <p>We aim for all Year 6 pupils to leave school with the skills to competently swim at least 25m and have the skills to self-rescue in the water which are key life skills.</p>

	<p>Each year Class 4 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time play, our annual Sports day and any other Sporting activities.</p> <p>Children in Class 3 swim once a week for 10 weeks during the Spring/Summer Term. Class 4 swim once per week for 6 weeks in the summer term. Non-swimmers in year 5 may be offered the opportunity to swim with Class 3 if space is available.</p> <p>In order to promote physical well-being, every class is provided with sports equipment for use at play times. These include: outdoor exercise equipment, a table tennis table, netball hoops, football goals and a range of smaller equipment.</p> <p>Whenever possible, extra opportunities are provided by outside agencies, in order to expose the children to other sports and activities.</p> <p>Links are also made with local sports clubs e.g. Northampton Saints and Northampton Town FC.</p> <p>All KS2 children attend two residential centres for a period of days, in order to participate in outdoor activities such as archery, rock climbing, and abseiling, gorge walking, rafting and canoeing.</p>	<p>We aspire for children to enjoy PE and develop a love of sport and physical activity which becomes part of their future life outside of primary school.</p>
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